



## Youth Mental Health First Aid Training of Trainers

### What is Youth Mental Health First Aid?

Youth Mental Health First Aid is an 8-hour evidence-based training course designed to give members of the public key skills to identify and respond to signs of mental health concerns in youth, ages 12-18.

### Role of Instructor

The primary role of instructors is to teach the Mental Health First Aid course. When they offer the course, instructors must teach the full 8-hour course with fidelity to the core program model and key messages. Each instructor has a set of materials to help guide them through course facilitation.

Read more at: <http://www.mentalhealthfirstaid.org>

### PLEASE NOTE—Participants must:

- Apply to be accepted. Submit application to Jackie Schoening no later than March 1, 2019.  
**Application Link:** <http://www.wishschools.org/YMHFA/Youth Mental Health First Aid Instructor Application.docx>
- **Attend all three days** of training **without exception (8 hours per day)**
- Review all instructor commitments prior to registering for training

### OUTCOME:

- You are certified to train in Youth Mental Health First Aid. Trainings are designed for up to 30 participants with a co-trainer for each session.
- Your certification requires a minimum of three trainings per year to remain current.

### LODGING

Lodging is available at the state rate of \$95.00 at the Hilton Garden Inn, 1355 W. 20th Avenue, Oshkosh, WI 54902.

### A block of rooms will be held until February 15, 2019.

Call the hotel to book your reservation at (920) 966-1300 and ask for "CESA #6 Rooms Block."

#### TIME:

8:00 am-4:30 pm; all three days  
Wednesday through Friday

#### DATES/LOCATION:

March 13-15, 2019 (3-Day Course)  
Training of Trainers are now  
available for three days with  
limited participants.

#### CESA #6

2300 State Road 44  
Oshkosh, WI 54904

CONTACT for more information  
and/or submit an application **by  
MARCH 1** to:

Jackie Schoening, CESA #6  
(920) 236-0515  
[jschoening@cesa6.org](mailto:jschoening@cesa6.org)

Maximum Limit: 15 Participants

#### COST: \$1300.00

(Covers training, materials,  
and lunch)

All participants will be billed after  
the training. The amount will  
reflect whether you attend as an  
individual or as part of a DPI grant  
or stipend.

REGISTER ONLINE **by March 1:**

#### CESA #6 (OSHKOSH) :

[https://login.myquickreg.com/register/  
event/event.cfm?eventid=22663](https://login.myquickreg.com/register/event/event.cfm?eventid=22663)

**CANCELLATIONS will be billed at  
full price if made after March 1.**

#### Registration Questions:

Mary Devine (608) 786-4800;  
[mdevine@cesa4.org](mailto:mdevine@cesa4.org)

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